



The Caledonian

July-Aug 2018 #22

Published by The Caledonian Society of Hawaii

NEW MEMBER WELCOME PARTY **SATURDAY, AUGUST 25TH at 5:00** **Hokua Cabana * 1288 Ala Moana Blvd.**

A favorite event of the Caledonian Society membership is the New Member Aloha party held each summer to welcome new members from the past year. This year the party will be held on Saturday, August 25th, at the Hokua condominium's beautiful outdoor cabanas.

Join us for an evening of music, a mixer game, new friendships and a BBQ of hamburgers. Soft drinks and all the paper goods will be provided by the Society, but if you want to be friendly to the Earth, please feel free to bring

your own reusable plates & utensils. If you've been to one of these parties, please bring a side dish to share. If you are new to our Society, please just come and enjoy yourselves!

Reservations are required and can be made by calling Jeannie Ferrier at 593-0966 or emailing her at jefferier@msn.com

Caledonian AGM * June 23, 2018

The Society Annual Meeting on June 23rd was a pleasant day with sunny views, abundant food, sprightly fiddle music by Lisa Gomes, and smiling friends at every table. You had to be there.

But if you missed the meeting, some things are still available. The official annual reports are readable on the Society website (www.scotsinhawaii.org). Check out the good pictures (by Janice Choate-Zavakos) on the website, also. Business cards featuring our colorful Society logo will be available to pick up at our next event to pass on to friends. (See page 3)



How many of these Caledonian members (above) can you name from the AGM?

The program, presented by Brian Richardson, Bruce McEwan, and Lillian Cunningham, introduced some amazing constructions built by Stone Age people on the Orkney islands north of mainland Scotland about 5,000 years ago. For an enthusiastic introduction, read "Scotland's Master Builders," in *National Geographic*, Oct, 2014. That magazine will be available to borrow from the Suitcase Library at our next event (Thanks Kristin Laitila, for being the Suitcase Librarian at the AGM.)

To suggest Scottish subjects you'd like to learn about (or to present) at next year's meetings, or ideas for kinds of events we could hold, please phone or e-mail Lillian at 538-7707 or lillianc@hawaii.edu by Aug 12th. Mahalo to folks who wrote suggestions at the meeting.

Membership dues Now due for 2018-2019

Dues can be paid online at www.scotsinhawaii.org or by mail. The dues help the Society keep costs for most events as low as possible. We also have a storage locker for Society archives, picnic supplies and other items necessary to keep the Society active. Our Scottish Education Research Grant is funded with your dues as well. Donations are always welcome to help defray costs. See the complete membership form & information on page 4. And check out the website to see pictures from events and more information regarding our fifty-three year old organization.



Chieftain's Column: From the Craig

We will be kicking off our 2018-2019 event year shortly and our calendar will be coming out after the board sets the event schedule. I hope everyone will put the various events on your calendars.

The Caledonian Society of Hawaii has been asked to participate in a documentary being prepared in Scotland for American public television. The documentary will highlight Scottish heritage and culture activities throughout the U.S., and we will represent what we do in Hawaii. We are providing some pictures from events, primarily Burns Night, to be included in the documentary. Once we get more information, we will communicate when it will be shown on our PBS station, likely some time in 2019.

The Caledonian Society was recently mentioned in a talk by Arlene Holmes-Henderson in Edinburgh at the 70th anniversary of US-UK Fulbright Commission about the work she did when she was here and discussed the history of Scots in Hawaii from our book *The Story of Scots in Hawaii*. I believe these recognitions are testimonials to the important role The Caledonian Society plays in our community.

Slàinte, Bruce

Member News

July Birthdays Neil Abercrombie, Bruce Bonbright, KC Collins, Michael Cruickshank, Chuck & Trix Jamison, Mike McIntosh, Jeremy McOuat, Susan Melow, Rachael Orejane, Norman Goldstein, Brenda Reichel, Kent Reinker, Debra Sanders, Kit Smith, & Fran Wiebenga.

New Members Welcome Kim Greeley, attorney & piper.

August Birthdays Kevin Bogan, Janet Cole, Jean Jaycox, Michael Mahelona, Gavin Miculka, Jim Putnam, Nancy Smiley, & Marcia Wright.

Note: Your birthday is in July or August and you don't see your name listed here? We probably don't have it in our database. We want to celebrate your special month too, so please contact Jeannie Ferrier at 593-0966 or by email at jefferier@msn.com.



Suitcase Library

I am recommending and donating to the Suitcase Library *Eleanor Oliphant is Completely Fine: A Novel* by Scottish writer Gail Honeyman. The story is about a young woman who is socially awkward and a loner after experiencing a hard upbringing. A coworker befriends her and she slowly learns that it's better to have

people you can trust around you than to stay isolated with only her cat to talk to. --Susan MacKinnon

Check out what is available in the library at the next meeting on August 25th. Books borrowed previously may also be returned that evening.

The 2019 Burns Dinner

Chieftain McEwan explained at the Annual Meeting that we are having difficulty with the venue for the Burns Dinner. The issue is the cost of the whisky which we have always been able to get donated and then pay a reasonable corkage to the venue. We are no longer able to bring in donated whisky. And the cost of a bottle of whisky is exorbitant! We also will not be allowed to have bottles on the table to pour ourselves. This is all proving to be quite expensive! We are working on this and hope to have a decision by the next newsletter.



Kristin Laitila, at the June 23rd AGM, was our librarian for the Suitcase Library. Maybe she found a scandalous section of a great book?

Bart's Bulletins * This just in from Arlene Holmes-Henderson:

'Scots in Hawaii' took centre stage in celebration at the Edinburgh City Chambers when Friend of the Caledonian Society and Fulbright Scholar Dr. Arlene Holmes-Henderson shone the spotlight on Scots in Hawaii at an event in Edinburgh on Friday 29th June 2018. The US Consul to Scotland and the city's Lord Provost hosted a 70th birthday party for the US-UK Fulbright Commission to honour its contribution to international educational exchange and diplomacy.

Dr. Holmes-Henderson, who spent her Fulbright Visiting Professorship at the University of Hawaii at Manoa in 2013-2014, is a member of the Fulbright Alumni Council and was asked to give a speech at the event. She drew heavily on the book given to her by the Caledonian Society during her stay in Honolulu: *The Story of Scots in Hawaii*, edited by Rhoda Hackler. Arlene mentioned the Scots who travelled to Hawaii to help install and maintain the engineering equipment on the plantations in the 1800's, as well as Robert Louis Stevenson, Archibald Scott Cleghorn and the visit of King Kalakaua to Scotland in 1880.

She also praised the Caledonian Society, the Hawaiian Scottish Association and the St. Andrew's Society for their ongoing efforts to celebrate Scottish culture with regular events throughout the year. Arlene's parting suggestion was this: shall we form a Hawaiian Society of Scotland? Offers came in thick and fast...

2018-2019 Council Contacts

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The Caledonian Newsletter

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www.scotsinhawaii.org

Consolidated Celtic Calendar

<https://goo.gl/mCnvsU>

Caledonian Society business

cards are available by calling

Lillian Cunningham at 538-7707

or emailing her at

lillianc@hawaii.edu

The reverse side is blank for you

to fill in your own information.



From Susan Anderson—Board Member

Members of the Caledonian Society of Hawaii (CSH) have been fostering strong social connections for over 50 years by hosting fun educational gathering and sharing significant “Aloha” between formal gatherings.

According to the 2005 *National Geographic* cover story "The Secrets of a Long Life," maintaining social connections is an important part of healthy aging. In this article, researcher Dan Buettner first identified Blue Zones. Blue Zone living is more than choosing social connections that support positive behaviors. “Power 9” habits are helping people live longer, healthier, happier lives. Power 9 includes downshifting, living with purpose, eating a plant slant, gathering for wine @ 5, putting family first, filing to 80%, moving naturally and belonging.

With these habits, individuals have reached their 100th birthday without problems like heart disease, obesity, cancer and diabetes. Habits identified in Iakria, Greece; Okinawa, Japan; Ogliastra region in Sardinia, Italy; Loma Linda, California; and Nicoya Peninsula, Costa Rica, are now being adopted globally. Communities in Hawaii are joining this movement.

What would it look like for the Caledonian Society to join this movement? Might it help us share our purpose with others and draw new interest in our legacy of education and aloha? The Blue Zone Project will offer a FREE interactive “Purpose” workshop on 8/15, 10 am - 12 noon at Waiwai Collective in the old Varsity Theater at 1110 University Ave., and on 9/14, 6-8 pm at The Newman Center, 1941 East West Rd., UH Manoa. Give this workshop a try or share your ideas for making CSH better together.

To register,

visit <http://info.bluezonesproject.com/mmmm/purpose>

[Join us for a free Purpose Workshop!](#)

July 4th Celtic Picnic

The Caledonian Society helped to sponsor the third annual July 4th Hawaii Celtic Picnic this year at Bellows Air Force Station in Waimanalo. The other sponsors were The Saint Andrew Society of Hawaii and The Friends of St Patrick. All three organizations were well represented among the 75 or so picnickers, who also included a good many guests. Some spent time in the ocean; a number of musicians brought instruments. SASH member Clinton Muir tended the hamburgers and hot dogs on the barbecue grill. Everyone enjoyed the meats and the traditional potluck picnic fare such as salads and deviled eggs. Thanks to SASH Vice-President Nancy Smiley who coordinated the event. Nancy is also on the Caledonian Society Council and a member of the Friends of St. Patrick.

THE CALEDONIAN SOCIETY OF HAWAII
2018-2019 New Member Application and Member Renewal Form

Annual Membership is \$30 per person, due by July 1st of each year.
 Our fiscal year runs from July 1st to June 30th.

Personal information/update as needed

Name _____

Address _____ City _____ State ____ Zip _____

Phone _____ Email _____

Birthday Month/Day/Year _____ Clan Affiliation _____

Rides to events: Do you need one? _____ Can you provide one? _____

Volunteers are welcome. Where can you help? Check all that apply.

| | | |
|--|--|--|
| <input type="checkbox"/> Refreshments | <input type="checkbox"/> Entertainment | <input type="checkbox"/> Serve on Council |
| <input type="checkbox"/> Clean up | <input type="checkbox"/> Telephoning | <input type="checkbox"/> Highland Festival |
| <input type="checkbox"/> Set up/Decorating | <input type="checkbox"/> Reservations | <input type="checkbox"/> Storage space |
| <input type="checkbox"/> Public relations | <input type="checkbox"/> Program/Education | <input type="checkbox"/> Other (Explain) |

What is your profession? _____

Do you have children who would like to participate in the Games or events? _____

Do you have a family history to share? _____ Share below or on back.

ANNUAL DUES July 1, 2018 to June 30, 2019

Membership \$30 per person: \$ _____

Additional Tax-deductible donation: \$ _____

Total: \$ _____

Please make checks payable to: The Caledonian Society of Hawaii.

Mail to: P.O. Box 4164, Honolulu, HI 96812-4164 *

Webpage www.scotsinhawaii.org

Questions: Call Jeannie Ferrier, Membership Secretary 808-593-0966

Or email her at jefferier@msn.com

Signature _____ Date _____

Were you recruited to join the Society? By whom? _____