



Mar-Apr 2023

The Caledonian

Published by The Caledonian Society of Hawaii

Introduction to Scotch Whisky

Our next Caledonian Society event will be an *Introduction to Scotch Whisky* presented by **Chieftain Bruce McEwan at 7 pm on Saturday, March 18th**. It will be held in the Ocean Terrace of the Hokua condominium, 1288 Ala Moana Blvd. across the street from the IBM building. Light refreshments will be served along with tea and coffee. A calabash will be available for donations.

Chieftain McEwan has studied whisky for about thirty years and has toured many Scottish distilleries. His presentation on March 18th will include Whisky Definitions, How Whisky is Made, Whisky as a Business, Whisky Regions in Scotland, Various Distilleries, and a Mini-Tasting.

Reservations are required in advance by emailing Kevin Bogan at kevin.bogan@gmail.com. Join us for this informative and fun evening.

There are many supposed cures for the common cold, but scientists have yet to find a definitive remedy. Sir Alexander Fleming, the Scottish physician, microbiologist and pharmacologist, is a man of whom the Scots are extremely proud. Among his many achievements was the discovery of penicillin. In a poll organized by Scottish Television, viewers voted him the third 'Greatest Scot' of all time, with only Rabbin Burns and Sir William Wallace above him on the list. As a medical man, he had simple advice for dealing with the common cold: "A good gulp of whisky at bedtime--it's not very scientific, but it helps."
--Rob Green, The Wicked Wit of Scotland.

Hawaiian Scottish Festival & Games April 1st & 2nd Jefferson Elementary School 324 Kapahulu Ave., Honolulu.



The annual Hawaiian Scottish Festival & Games will be held April 1st and 2nd at Jefferson Elementary School from 9-4 each day. Come join us for Highland games with prizes offered for both men's and women's competitions. Learn from the program about the history of the athletic events. Entertainment will include live music by the Celtic group, Seven Nations, Highland dance competition, a Scottish country dance demonstration, & Bagpipes! Clan members will display information about their clans and recruit new members. Local vendors will sell various wares. Food trucks will be available throughout both days.

Visit www.hawaiianscottishassociation.com to find information or to sign up to help at a clan table or as a vendor, volunteer, or competitor.

The Caledonian Society will have a table with information on clans, maps, and tartans, and some Scottish items to pick up in exchange for a donation to the Society. We are the oldest Scottish organization in the Islands and would love to have others join our group. Our mission is educating our members and others on the rich history of Scotland and on the many connections between Hawaii and Scotland.



Chieftain's Column: From the Craig

We are about two-thirds through our event year and are looking forward to the next few months of programs. I have relied heavily on our board members in support of our events, and I'm sure our members have enjoyed the talents that our board members have. Often, they are not recognized for their important roles in managing our Society. The names and contact information for all board members are shown in the newsletter (pg. 4). Any one of them would like to hear from our members with any ideas you have for future programs, including speaker recommendations. Give it some thought. Contact a board member just to say hello or run by an idea. We are a member-driven organization and want to hear from our members. Slàinte, Bruce

Member News

March Birthdays Chris Carr, Yoshi Clack, Barbara Coons, Ed Fyffe, Donna Jinbo, Stan Jones, Brian Richardson, John Rockie, Margie Smith,

April Birthdays Janice Choate-Zavakos, Rosslyn Harris, Scott MacKinnon, Roxanne Main, Jim March,

Note: If your birthday is in March or April, and you don't see your name listed here, we probably don't have it in our database. We want to celebrate your special month too, so please contact Kevin Campbell Bogan at 808-778-4697 or by email at kevin.bogan@gmail.com.

Carol Anne Gordon invites interested members to help celebrate her mother Mary Alice Hurd's 96th birthday at an open house on Sunday, March 12th from 1:00 – 4:00 at Honolulu Coffee Company, 1800 Kapiolani Blvd. Happy Birthday Mary Alice!

Stovies with Mushrooms

To "stove" vegetables and/or other foods is a method of cooking in Scotland that means to cook slowly in an enclosed pot. It's a favorite way of cooking potatoes, either whole or sliced.

3 tablespoons unsalted butter
 1 tablespoon vegetable oil
 1 large onion, peeled and sliced thinly
 2 pounds (about 12) small new potatoes, peeled
 1/2 cup meat broth or water
 Salt, freshly ground pepper
 1-pound fresh mushrooms, cleaned and sliced thickly
 1/3 cup chopped fresh dill or parsley
 1/2 cup toasted oats (optional)

In a large saucepan melt the butter and heat the oil over medium-high heat. Add sliced onions; sauté until translucent, about 5 minutes. Add potatoes; sauté 5 minutes. Pour in broth or water. Season with salt and pepper. Reduce heat to medium-low. Cook potatoes, covered, until just tender, about 25 minutes. Add mushrooms during last 10 minutes of cooking. Serve sprinkled with dill or parsley and, if desired, toasted oats. 6 servings.

--Kay Shaw Nelson. *The Scottish-Irish Pub and Hearth Cookbook*

Scottish Education Research Grant—SERG

Applications are open for the Caledonian Society's SERG award. To be eligible you must be 18 to 26 years old or enrolled in an undergraduate or graduate level academic program, a United States citizen or permanent resident of the United States, a resident of the State of Hawaii, and have an enthusiasm for learning about Scottish culture or history. You need not be of Scottish descent to apply!

These awards are not intended to support a student's general course of study, but to supplement a project to educate a student interested in Scottish culture or history. Previous winners of this Award have:

- Attended summer school at the University of Edinburgh to study Scottish history.
- Studied glass blowing at the Northlands Creative Glass Center in Scotland.
- Participated in an archeological dig in southern Scotland.
- Followed the route taken by David Balfour in Robert Louis Stevenson's novel *Kidnapped*.
- Explored the culture & lifestyle of organic farms in Scotland with the World Wide Opportunities on Organic Farms (WWOOF).
- Studied the Gaelic at Sabhal Mòr Ostaig on the Isle of Skye, Scotland.

It's not necessary to travel outside of Hawaii for a project, although travel may be considered. Help in planning a project is available by asking for help in the personal statement of the application.

See our website www.scotsinhawaii.org for more information. Or you can call Lillian Cunningham at 808-538-7707.

Scottish Night Travel

An enthusiastic group of members and guests discussed ideas and asked questions on Feb. 18th about travel to Scotland. Here are take-away summaries of advice from from a panel of travelers:

Anton Anderssen: Buy flight tickets based on prices, which fluctuate often. Follow prices and buy tickets on-line when prices are low.

Bruce McEwan: Ground and water transportation (train, bus, rental car, ferry) are generally reliable and comfortable, but reserve seats and buy tickets or pay fares ahead whenever possible.

Kevin Bogan: Because British power plugs and electrical systems (250 v) differ from American systems (120 v), plan ahead to keep devices charged. There is a difference between adapters and conductors.

Jackie & Larry Phillips: Besides the benefit of low prices, hostels have other advantages including the chance to talk to other guests and often the chance to get laundry done.

Lillian Cunningham: Enjoy world-class art and history at galleries and museums, especially in cities. Call ahead about prices (often free) and whether reservations are required to manage the flow of visitors.



*Rosslyn, Reiko & Aric Harris with
Lillian Cunningham & Chieftain McEwan*



Anton Anderssen discussing ways to travel to Scotland.

Travel Tips—Scotland

1. Read up ahead of time online or with a good guidebook.
2. Take a hop-on/hop-off bus tour of a city on your first day there and ride the whole route to orient yourself to the city. Buy a 2-day ticket and use the 2nd day to go back to places where you want to spend time.
3. Carry paper maps as backup even if you have online directions to places.
4. Pack as lightly as you can. Take warm, comfortable, washable clothes and only what you can carry yourself. Dressy clothes are usually not expected.
5. Expect changeable weather. Dress in layers. Take a light, windproof, waterproof jacket every day even if the sun is shining when you leave for the day.
6. Carry a daypack.
7. Take an empty coin purse for British coins. They can be large and heavy. Take several credit cards, i.e. Visa, MasterCard, American Express. *These can usually be used in your phone's "Wallet."*
8. Use the tourist information stations regularly. The staff can answer questions, provide maps, solve problems, give directions, suggest current things to do such as plays or festivals or even find a place for you to stay. *
9. Don't expect Scots to know or care much about tartans. Don't bother to take a kilt unless you are going to a wedding, or a dance party or will be part of a performance. Scots do not wear the kilt for every day, except occasionally for hiking.
10. Talk to locals, such as your host in your bed & breakfast or in pubs, in parks, or on public transportation. Listen, learn, and enjoy.
11. Take a few small, casual gifts from Hawaii. Calendars, postcards, small packs of mac nuts or artificial lei make welcome gifts for your hosts.
12. Keep a journal as well as taking pictures. Remember to write in it.
13. Have a schedule, but be flexible, re weather, local suggestions, invitations.
14. Take a washcloth. Some accommodations in Scotland do not provide them.
15. Take a few empty plastic bags, i.e., quart size, to carry wet things or new things.
16. If you buy books or other heavy things, have the seller mail them home to you.
17. On flights take medicines, valuables, and a change of clothes in carry-on luggage.
18. Don't rush or try to go everywhere in one trip. Take time for fun.

* KILT, n. A costume sometimes worn by Scotsmen in America and Americans in Scotland." by Ambrose Bierce.

Council Contacts 2022-2023

Officers

Chieftain Bruce McEwan

538-7707 bemacewan@gmail.com

Vice Chieftain Susan MacKinnon

591-9398 susanmack1@mac.com

Secretary Susan Anderson

554-3160 andersonsusan@hotmail.com

Membership Secretary Kevin Bogan

778-4697 kevin.bogan@gmail.com

Treasurer Open position

Directors

Anton Anderssen

586-757-4177 antonanderssen@gmail.com

Mary Jill Ackerman

808-392-1903 mjackerman099@twc.com

Lillian Cunningham

538-7707 lillianc@hawaii.edu

Janice Choate-Zavakos

778-4630 jlczlady@aol.com

Jamie McOuat

741-2762 jmcouat@hotmail.com

Jeremy McOuat

741-2749 jmcouat@gmail.com

Jackie Phillips

721-0707 jlphil1@hawaiiantel.net

Larry Phillips

721-0476 jlphil1@hawaiiantel.net

Brian Richardson

367-5066 richardson96822@gmail.com

Hardy Spoehr

944-8601 hspoehr7@gmail.com

Karen Thompson

779-4839 vsf723@yahoo.com

The Caledonian Newsletter

Editors

Susan MacKinnon & Lillian Cunningham

Newsletter Mailing

Jackie & Larry Phillips

Tech Support

Brian Richardson

Society Website

Brian Richardson

www.scotsinhawaii.org

Consolidated Celtic Calendar

<https://goo.gl/mCnvsU>

Caledonian Society Events 2022-2023

As proposed at the August Society planning meeting.

Subject to change

Mar 18	Scottish Whisky, by Bruce McEwan
Apr. 1 & 2	HSA - Scottish Festival
April 29	Arbor Day - Scottish Woodlands.
May 20	Scottish Gardens
Jun 24	Annual General Meeting

A Bawbee-Worth of Scottish History

A *bawbee* (right; Wikipedia) was originally a silver coin worth six Scots pennies. Later “bawbee” came to mean a half penny. Although the bawbee no longer exists, the word is still used to mean any small amount of money. We

Bawbee from the reign of Queen Mary



use the word here to mean a paragraph or so defining an important word or event from Scottish history. (*Collins Gem Scots Dictionary*).

JACOBITE: (1689-1746) A Jacobite was anyone who (after the accession of William and Mary to the British throne) continued to support the Stewart line of James VII, his son, James Francis Edward Stewart (The Old Pretender) and his grandson, Charles Edward Stewart (The Young Pretender). The word "Jacobite" comes from the Latin for James.

Jacobite sentiment was strong in Scotland, especially in the Highlands, though not universal, because the Stewarts were Scottish in origin, the Union of Parliaments in 1707 was unpopular, and the behavior of the Hanoverian kings caused alienation and for other reasons. Several unsuccessful military risings took place within Scotland, and invasions of Scotland and England from Europe were attempted in the next 40 years in support of the Stewart royal line. The final attempt was in 1745 with the arrival from France of the charismatic Charles Edward Stewart, called Bonnie Prince Charlie. His original military success gave way in the Battle of Culloden in 1746, after which Charlie escaped, but the clan system was destroyed, Highland dress was forbidden, and Jacobite resistance failed.



The Earl of Angus's Regiment (The Cameronians) at the Defence of Dunkeld, 1689. --Wikipedia